



2024 ROTR YOUTH GIRLS HOCKEY CAMP

ATTENTION ALL MITE - 12U GIRLS: Camp will consist of both ice & dry-land sessions. Players will be divided into groups according to age and skill level. Sessions will be coached by Wildcat Girls High School Coaching Staff, Female College and HS Wildcat Players, Katie Robinson, Dana Rasmussen, Molly Shelton, Hollywood Hermanson, and Emily Gunderson. (See Bio's attached)

12 ICE SESSIONS

- SKATING TECHNIQUES
- SMALL ICE GAMES
- PASSING DRILLS
- OVERSPEED SKATING
- SHOOTING DRILLS
- COMPETITIVE SCRIMMAGES

6 DRY-LAND SESSIONS

- PLYOTUBES
- SHOOTING DRILLS
- STICK HANDLING DRILLS
- LADDERS
- SPEED DRILLS
- OTHER DRYLAND EXERCISES

JUNE	DRYLAND	ICE
2	5:00-5:45PM	6:00-7:00PM
4	NO DRYLAND	6:00-7:00PM
9	5:00-5:45PM	6:00-7:00PM
11	NO DRYLAND	6:00-7:00PM
16	5:00-5:45PM	6:00-7:00PM
18	NO DRYLAND	6:00-7:00pm
23	5:00-5:45pm	6:00-7:00pm
25	NO DRYLAND	6:00-7:00pm
JULY	DRYLAND	ICE
9	NO DRYLAND	6:00-7:00PM
28	5:00-5:45pm	6:00-7:00PM
30	NO DRYLAND	6:00-7:00PM
August	DRYLAND	ICE
4	5:00-5:45PM	6:00-7:00PM

ALL SESSIONS HELD AT THE DODGE COUNTY ICE ARENA, KASSON

***** LIMITED TO THE FIRST 40 PAID REGISTRATIONS *****

NEW THIS YEAR... ONLINE REGISTRATION & PAYMENT AT:

www.returnoftherobinjr.com

OR BY MAIL: Please submit the form below with payment payable to:

JEREMY GUNDERSON 901 Towne Drive, Byron, MN 55920 (507) 951-1019 gunderson325@hotmail.com

REGISTRATION DEADLINE - MAY 18th, 2024 (checks will be cashed June 1st)

Any registrations received after deadline will have an additional \$25 admin fee.

NAME: _____ DOB: _____

ADDRESS: _____ PHONE: _____

CITY: _____ STATE: _____ ZIP: _____

EMAIL: _____

COST: SKATERS \$195 / GOALIES \$100

X _____ DATE _____

Parent/Guardian Signature

The Dodge County Ice Arena or League Directors are not responsible for any injury and/or loss of personal property. I have read, understand and agree to all conditions and rules set forth by the Dodge County Ice Arena.